Follow the "5 As" on an Evidence-Based Medicine Journey

Assess the process

Appraise the information

A+ Appraise the quality of the evidence and recommendations

- Essential Evidence Plus
- ACP Journal Club
- PARE

- Added value: Learn about POC resources from students, the favorite apps
- Added value: Get ONE via "Teaching Rounds" Use of UpToDate

Ask an answerable question

- Use background resources to help focus the question
- 5 Minute Clinical Consult
- Online Text Books
- Up to Date

Assess the patient

- Work with your student to identify a patient who is presenting a good learning opportunity for Evidence Based Medicine, and navigate the EBM journey together.

Learning Opportunities Ahead

- Use the following tips as a guide to efficient EBM focused clinical teaching and learning to enhance quality patient care. Follow the 5 As

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Resources: