Follow the "5 As" on an Evidence Based Medicine Journey

Assess the process

Apply to the patient
- Apply point of care resources according to patient's needs and appropriate utilization of tests

Appraise the information

- Essential Evidence Plus
- ACP Journal Club
- PANCE

Appraise the quality of the evidence and recommendations

- Use of Cochrane Library
- UpToDate

Access the information

- Use of background resources to help focus the question
  - 5 Minute Clinical Consult
  - Online Text Books
  - Up to Date

Ask an answerable question

- Work with your student to identify a patient who is presenting a good learning opportunity for Evidence Based Medicine, and navigate the EBM journey together!

Created by WSU FM!

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Learning Opportunities Ahead:

- Use the following tips as a guide to efficient EBM focused clinical teaching and learning to enhance quality patient care. Follow the 5 As!

Resources: