Methods: Evaluation

- Residents were given pre- and post-workshop surveys to assess baseline and post-workshop self-reflective competencies.
- 30 pediatric residents completed the pre-workshop survey.
- 22 pediatric residents completed the post-workshop survey.

Results:

The Likert Scale

- 1: Not confident at all
- 2: A little confident
- 3: Somewhat confident
- 4: Very confident
- 5: Extremely confident that I could teach it.

SURVEY QUESTIONS

1. I feel confident in advising parents on at least 2 strategies to overcome picky eating.
2. I feel confident I can describe indications for the use of Pediasure to parents.
3. I feel confident in counseling parents on house-proofing for toddlers beyond smoke/CO alarms.
4. I feel confident I know general safety guidelines and positioning of toddlers in forward-facing car seats.
5. I feel confident I can guide parents in toilet training their toddler.
6. I feel confident I can advise families on managing toddler tantrums.
7. I feel confident I can advise parents on proper helmet safety.
8. I feel confident I can direct parents towards parenting resources for toddlers. (Books, Websites)

Discussion:

- Overall analysis shows a significant difference in resident self-reported confidence in 8 out of the 8 surveyed objectives.
- When adjusting for post-graduate year, a significant difference was found in all the objectives for the PGY1 class.
- Alternatively, none of the objectives showed a significant difference in the PGY2 class and 3 in the PGY3 class; suggesting the prime utility of this workshop during the intern year.

Conclusions:

- This toddler parenting curriculum offers an interactive multidisciplinary approach to bridging the gap pediatric residents have between anticipatory guidance and realistic, applicable parenting advice.
- When compared to the previously piloted Infant Parenting Curriculum, one workshop significantly increases self-reported competencies, specifically within the PGY-1 class.
- This curriculum is a low cost and fairly simple way to expose interns either in orientation or early in the Academic year to the parenting questions they will inevitably receive.
- Our program highlights the success of resident small group learning with experts within various fields of pediatrics promoting interdisciplinary learning.

References:

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